

2010 E&GW LEADERSHIP CONFERENCE
SEPTEMBER 25 - 28, 2010 * CAMPBELL'S RESORT, CHELAN

Inner Peace, Baby!



Registration

First Name _____

Last Name _____

Informal First Name _____

Credentials (RN, ARNP, etc) _____

Address _____

City _____

State _____

Zip _____

Email _____

Years of WSNA Membership _____

of Leadership Conferences Previously Attended _____

T-Shirt Size

Circle gender and size below

Women's

Men's

S M L XL 2XL 3XL 4XL

Education Sessions

Session 1 Monday, 3:00pm - 4:30pm

- 1A. Organizing Your Local Unit
- 1B. Advocacy Training
- 1C. Let's Settle This Now!
- 1D. Labor Law History

Session 2 Tuesday, 9:45am - 11:15am

- 2A. Organizing Your Local Unit
- 2B. Advocacy Training
- 2C. Let's Settle This Now!
- 2D. Compassion Fatigue

Return this form to WSNA

by mail: **575 Andover Park West, Suite 101, Seattle, WA 98188**

or by fax: **206.575.1908**

For questions or special needs, call 206.575.7979 or email wsna@wsna.org.

Fees

Attendance Fee: \$300

Additional guests at the Awards Banquet:

- Yes, I will have _____ guests at \$30 each

Total Amount Due to WSNA:

\$ _____

Payment

- Check / Money Order** payable to WSNA

- Visa / Mastercard**

Card Number

_____ - _____ - _____ - _____

Exp Date ____ / ____

Print Cardholder's Name

Cardholder's Signature

- Local Unit**

My registration fee is to be paid by

Local Unit

Signature of Local Unit Chair/Co-Chair

Accommodations

Campbell's Resort is located in the city of Chelan, near the center of Washington State. It is 180 miles east of Seattle and 160 miles west of Spokane. Major airline service is available from Wenatchee, 36 miles south of Chelan.

Contact Campbell's at 800.553.8225 or 509.682.2561; reference Registration Group Code: WSNA

Agenda

SATURDAY, SEPT 25

2:00PM - 6:00PM

Cabinet on Economic and General Welfare meeting

SUNDAY, SEPT 26

9:00AM - 12:00PM

Cabinet on Economic and General Welfare meeting

12:00PM - 1:30PM

Early Registration

1:30PM - 5:30PM

Fall Local Unit Council Meeting

All are welcome to attend.

MONDAY, SEPT 27

7:30AM - 8:30AM

Breakfast

8:30AM - 9:00AM

Welcome

9:00AM - 10:00AM

Keynote Address Confident Voices

- Beth Boynton, RN, MS

Nurses have enormous potential to transform healthcare! This presentation will teach us how to transform that potential into real problem solving power! By combining stories, facts, experience and theories Ms Boynton speaks directly to the heart of many distressing problems that nurses face. By validating the experiences of nurses and providing a fresh perspective Ms Boynton promotes success and respectful work relationships that improve patient safety and nurse staffing. Come and get "real world" advice to age-old problems.

10:00AM - 10:30AM

Break

10:30AM - 12:00PM

Crucial Confrontations Part 1

As leaders in our local units throughout the state, we are faced daily with extreme challenges with both professional and personal demands! This award-winning training teaches participants straightforward step-by-step processes for dealing with difficult problems and people in the workplace. We will explore and practice using: Tools for Resolving Broken Promises, Violated Expectations, and Bad Behavior. Learn how to step up and lead the way to solve problems and save relationships.

12:00PM - 1:15PM

Lunch

1:15PM - 2:45PM

Crucial Confrontations Part 2

2:45PM - 3:00PM

Break

3:00PM - 4:30PM

Concurrent Sessions 1

A. Organizing Your Local Unit

- Jan Bussert, RN
- Tara Goode, BA, BSN, RN
- Mara Kieval, RN

The key to having strong and effective local units begins with internal organizing. Come hear about innovative and energized methods you can use to encourage new leaders, build your local unit rep structure and engage members to become and stay involved.

B. Advocacy Training

- Anne Tan Piazza, Dir. of Governmental Affairs, Communications, & Membership
- Lillie Cridland, Communications Specialist
- Sofia Aragon, RN, Senior Governmental Affairs Advisor

As lawmakers debate critical nursing and health care issues, it is critical that they hear from real nurses. Learn about the importance of legislative advocacy and the various ways for your voice to be heard and make a difference on important patient safety issues in Olympia such as meal and rest breaks.

C. Let's Settle This Now!

- Hanna Welander, BSN, RN, Nurse Representative
- Ed Zercher, BSN, RN, Nurse Representative

This course will help students understand the rationale and benefit of early resolution of grievances or potential grievances. Class participants will engage in learning why settling grievances and issues at the lowest level is always our goal. We will focus on what constitutes a potential grievance and discuss alternative resolutions might be more appropriate. Class participants will have opportunity to hear about and discuss examples of grievances/potential grievances that were settled to the nurses' satisfaction.

D. Labor Law's Fascinating History:

A Tour through Time

- Tim Sears

Join us for this fascinating tour through time while we examine crucial milestones, hardships and victories the labor movement we have endured. You will gain a greater understanding and appreciation for those who have cut the path before us and for the work we must never give up!

4:30PM - 6:00PM

Break

6:00PM

Welcome Reception

7:00PM

E&GW Local Unit Awards Banquet

Theme for this year's banquet:
"Age of Aquarius"

Agenda

TUESDAY, SEPT 28

7:30AM - 8:30AM

Breakfast

8:30AM - 9:30AM

Plenary Session

- Marla Weston, PhD, RN
Chief Executive Officer
American Nurses Association

Ms. Weston will discuss ANA's goals and priorities as the only full-service professional organization representing the interests of the nation's 3.1 million registered nurses through its constituent member nurses associations, its organizational affiliates, and its workforce advocacy affiliate, and the Center for American Nurses. The ANA advances the nursing profession by fostering high standards of nursing practice, **promoting the economic and general welfare of nurses in the workplace**, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.

9:30AM - 9:45AM

Break

9:45AM - 11:15AM

Concurrent Sessions 2

A. Organizing Your Local Unit

- Jan Bussert, RN
- Tara Goode, BA, BSN, RN
- Mara Kieval, RN

[See prior description]

B. Advocacy Training

- Anne Tan Piazza, Dir. of Governmental Affairs, Communications, & Membership
- Lillie Cridland, Communications Specialist
- Sofia Aragon, RN, Senior Governmental Affairs Advisor

[See prior description]

C. Let's Settle This Now!

- Hanna Welander, BSN, RN, Nurse Representative
- Ed Zercher, BSN, RN, Nurse Representative

[See prior description]

D. Compassion Fatigue

- Jeni Gregory, PhD

Caring too much can hurt. When caregivers focus on others without practicing self-care, a secondary traumatic stress disorder now labeled "Compassion Fatigue" can surface. Jeni will discuss this concept given all nurses have the potential to experience this as they care for patients and others. She will help us recognize the signs and symptoms of compassion fatigue, including behavioral, physical and spiritual and job performance changes that a nurse may experience. She will also discuss effective interventions- a first step towards healing.

11:15AM - 12:15PM

Lunch / Check out

12:15PM - 12:45PM

The Voice of Labor

- Rick Bender, AFL-CIO

In unity, we have strength! Rick will speak to us all with passion and facts about our current labor movement in Washington State. Hear about how WSNA and our partnership with the Washington State Labor Council gives us collective power and strengthens our voice in our communities, among politicians and policymakers and in determining the future of organized labor in our state.

12:45PM - 1:30PM

National Federation of Nurses - National Labor Scene

- Barbara Crane, RN, President of NFN

We are honored to have our President of the NFN speak to us about the power and strength of registered nurses coming together across the nation. Today, Barbara brings to us an inspiring message of hope and endless possibilities achievable through our new federated structure national union. The NFN is committed to our goals to support, educate and assist our members in achieving their economic, workplace and practice goals on both state and national levels. Come share in our celebration of solidarity!

1:30PM - 2:30PM

End Note - Releasing the Nurse Within Us

- Beth Boynton, RN, MS

Learn to be a champion for change in your work place by being willing to think about change, being able to talk about new thoughts and new ways of being. Class participants will learn collaborative problem solving skills to use in the workplace. We will learn to avoid contributing to the dysfunction while focusing on ways to optimize, cope with and seek alternative experiences! Come prepared and learn to be proactive in establishing a healthy work-life balance!

Directions

Campbell's Resort is located in the city of Chelan, near the center of Washington State. It is 180 miles east of Seattle and 160 miles west of Spokane. Major airline service is available from Wenatchee, 36 miles south of Chelan.

Contact Campbell's at 800.553.8225 or 509.682.2561; reference Registration Group Code: WSNA.

From Spokane / Eastern WA

via Hwy 2

1. Take Hwy 2 West to Orondo
2. From Orondo, take Hwy 97 North for 22 miles
3. Turn Left onto Hwy 150, follow for 3.9 miles
4. Continue forward as Hwy 150 becomes Woodin Ave.
5. Campbell's Resort is on the right (lake side)

From Seattle / Western WA

via I-90 / Snoqualmie & Blewett Passes

1. Take I-90 East to Exit #84 (Wenatchee) at Cle Elum
2. Take Hwy 97 for approximately 35 miles
3. Hwy Ends at Junction of Hwys 2 & 97. Turn Right toward Wenatchee and go approximately 15 miles.
4. Upon reaching Wenatchee, exit onto US 97 Alternate (Northbound)
5. Continue North on Hwy 97 Alternate 35 miles to Chelan
6. Turn Left at Peterson's Condominiums onto Woodin Avenue
7. Cross bridge; Campbell's Resort is on the left (lake side)

via Hwy 2 / Stevens Pass

1. Take Hwy 2 East over Stevens Pass
2. Just before Wenatchee, take the Chelan exit onto Hwy 97 Alternate
3. Continue North on Hwy 97 Alternate to Chelan
4. Turn Left at Peterson's Condominiums onto Woodin Avenue
5. Cross bridge; Campbell's Resort is on the left (lake side)

10.25 continuing nursing education contact hours will be awarded for this event

The Washington State Nurses Association Continuing Education Provider Program (OH-231, 9-1-2012) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.