

Spokane Area Nurses Show Their Unity!

With a great show of solidarity and unity, over 200 nurses signed up to attend the WSNA hosted Unity dinner. The event was hosted by the local unit officers at Sacred Heart Medical Center, Holy Family Medical Center, the Inland Empire Nurses Association, and the WSNA Cabinet on Economics and General Welfare.



These sisters work at Sacred Heart & Holy Family and are new WSNA Local Unit Reps!

It was a great event that exemplified the spirit and desire of all nurses to exercise their voices in our practice and in the care for our patients at our facilities.

Updates were given by our Assistant Executive Director of Labor, **Christine Himmelsbach** about what we are seeing across the state regarding the rest break lawsuits, settlements, and wins.

Barbara Crane, President of the National Federation of Nurses, gave us an update on the trends we are seeing with state governments across the country trying to decrease the voices of nurses by eliminating our right to collectively bargain. Our strength to have a voice in how we care for patients comes with willingness to stand tall together and the nurses from Eastern Washington showed this night that we are prepared and willing to stick together through these challenging times.

The rousing conversations surrounding the need to harness the strength of our collective voices going forward with negotiations and increasing our local unit power were punctuated by an unprecedented show of solidarity; almost 50 nurses from 5 different facilities volunteered to become local unit representatives! **We know that our voices have more power when ALL of us speak in unison, and the nurses of eastern Washington have done that!**



Spokane nurses gather to celebrate our unity



Marty Avey, E&GW Cabinet Chair and staff nurse at Sacred Heart with Barbara Crane, NFN President



Martha Goodall, Local Unit Chair at Holy Family with Kathy Ormsby, Local Unit Co-Chair at Sacred Heart

Nurses Celebrate Their Unity!



St Luke's Nurses: Local Unit Rep Cheryl McDaniel, Local Unit Chair Peggy Freund and Local Unit Rep Linda Spurgeon

How Can YOU Make WSNA Stronger?

Know Your Contract

By seeking clarification on contract language from your local unit leaders, you become a contact point for nurses on your unit.

Volunteer / Run for a Local Unit Office

Training is provided. Time commitments are variable and can be very minimal.

Contract Negotiations

Participate by knowing the issues and staying on top of all the latest developments.

Communicate Issues to Your Local Unit Officers

We can address issues in Conference Committee and through grievances IF we know about them. Keep us informed.

Communicate WSNA Activities

Keep in touch with a designated local unit officers and representatives or become one! Share information with nurses on your unit.



Pullman Nurses: Eileen Taylor, Local Unit Chair and Local Unit Rep Carol Skelton



Along with their party favors, 21 nurses won gift cards in a festive drawing!



From left to right: Local Unit Chair of Spokane Regional Health District, Peggy Slider, IENA President Michele Slider, Holy Family Local Unit Chair Martha Goodall and PVNA RN Rick Trombley

